

English
for Rainy
Days

EXERCISE & ACTIVITY
BOOK

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I'm ...

☐ accurate

☐ happy

☐ adaptable

☐ idealistic

☐ adventurous

☐ jealous

☐ ambitious

☐ generous

☐ calm

☐ noisy

☐ careful

☐ rude

☐ caring

☐ serious

☐ conservative

☐ selfish

☐ cooperative

☐ timid

☐ curious

☐ responsible

☐ decisive

☐ wild

Do you know the names
of these animals in your
language?

cod

guinea pig

shrimp

ostrich

grasshopper

sea horse

walrus

lizard

turkey

My favourite tools

Please circle one

or more

- | | |
|---------------------------------------|-----------------------------------|
| ☐ needle | ☐ machete |
| ☐ hammer | ☐ sickle |
| ☐ handsaw | ☐ scissors |
| ☐ rake | ☐ broom |
| ☐ brush | ☐ spade |
| ☐ tape measure | |
| ☐ garden fork | |

Self Esteem Portrait

Write down twenty things
you like about
yourself

Write inside
the drawing.

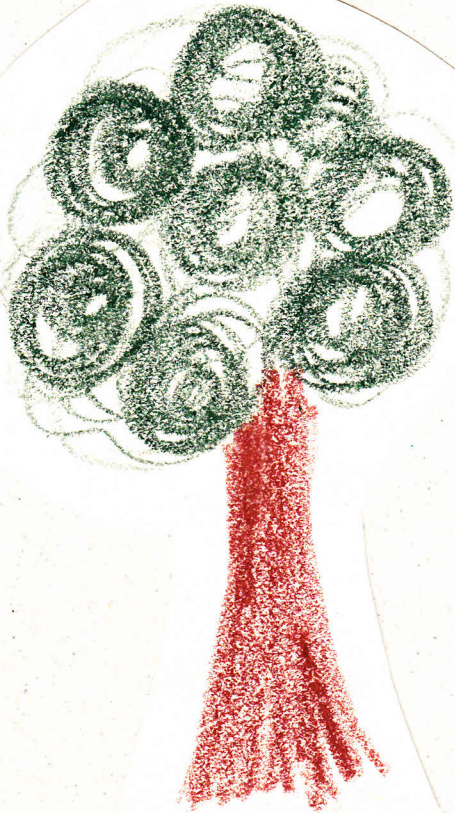
Write down the names
of people, real or fictional,
whom you consider heroic.

Add some
descriptions

Write down the names
of ten places you must
visit before you die.

Add some
descriptions

Write down the names
of ten trees



1 maple

2 pine

3 _____

4 _____

5 _____

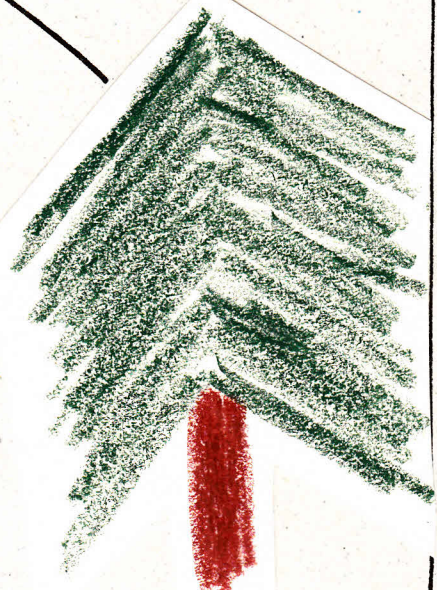
7 _____

6 _____

9 _____

8 _____

10 _____



Quickly write down the
names of 3 very good friends.

Add some
descriptions